

Global wound healing management in post-caesarean and post-episiotomy with specific skincare



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Conflict of interest:



Wound management on post-caesarean and post-episiotomy





WOUND CARE



Non comparative real-life clinical study | 22 women in post-caesarean and post-episiotomy | mean aged 28 years | phototype I to IV | Twice daily application massaging the scar area for 14 days



1

FLAT HAND MASSAGE

Massage flat with the whole hand in the direction of the scar



2

MASSAGE BY LOCAL FRICTION

Make small circular movements on the scar using your fingertips



3

PALPATE AND ROLL MASSAGE

Grab folds of skin between your thumb and forefinger and slide the fingers along the scar

“ Massaging a scar for 5 minutes ins’t much. But it’s hugely beneficial for the healing process and an investement for the future! ”

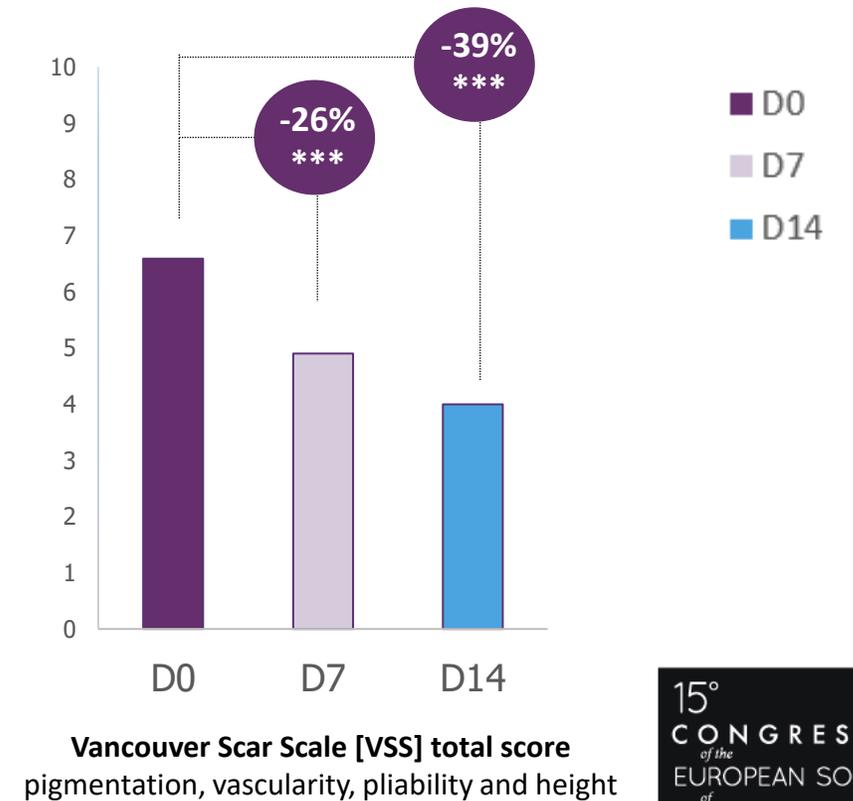
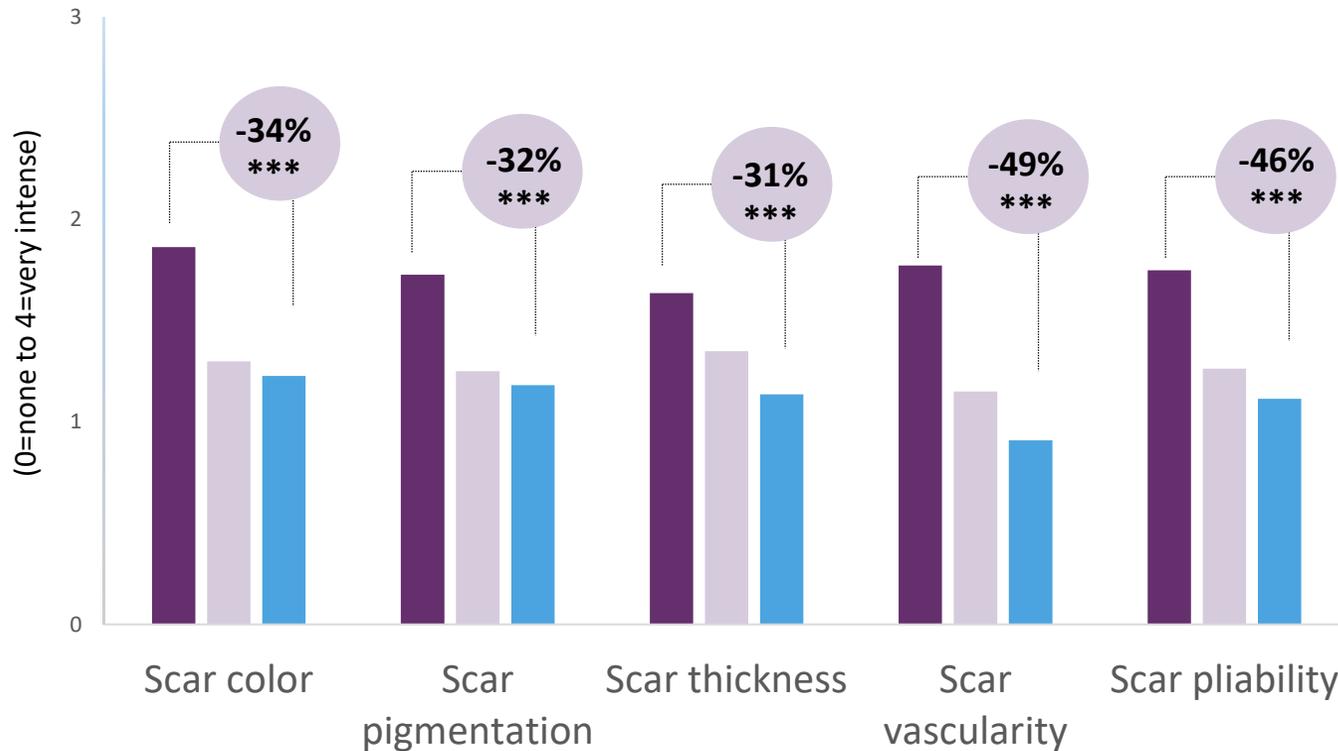
Thomas CRUCHAUDET, nurse
Interviewed by BIODERMA



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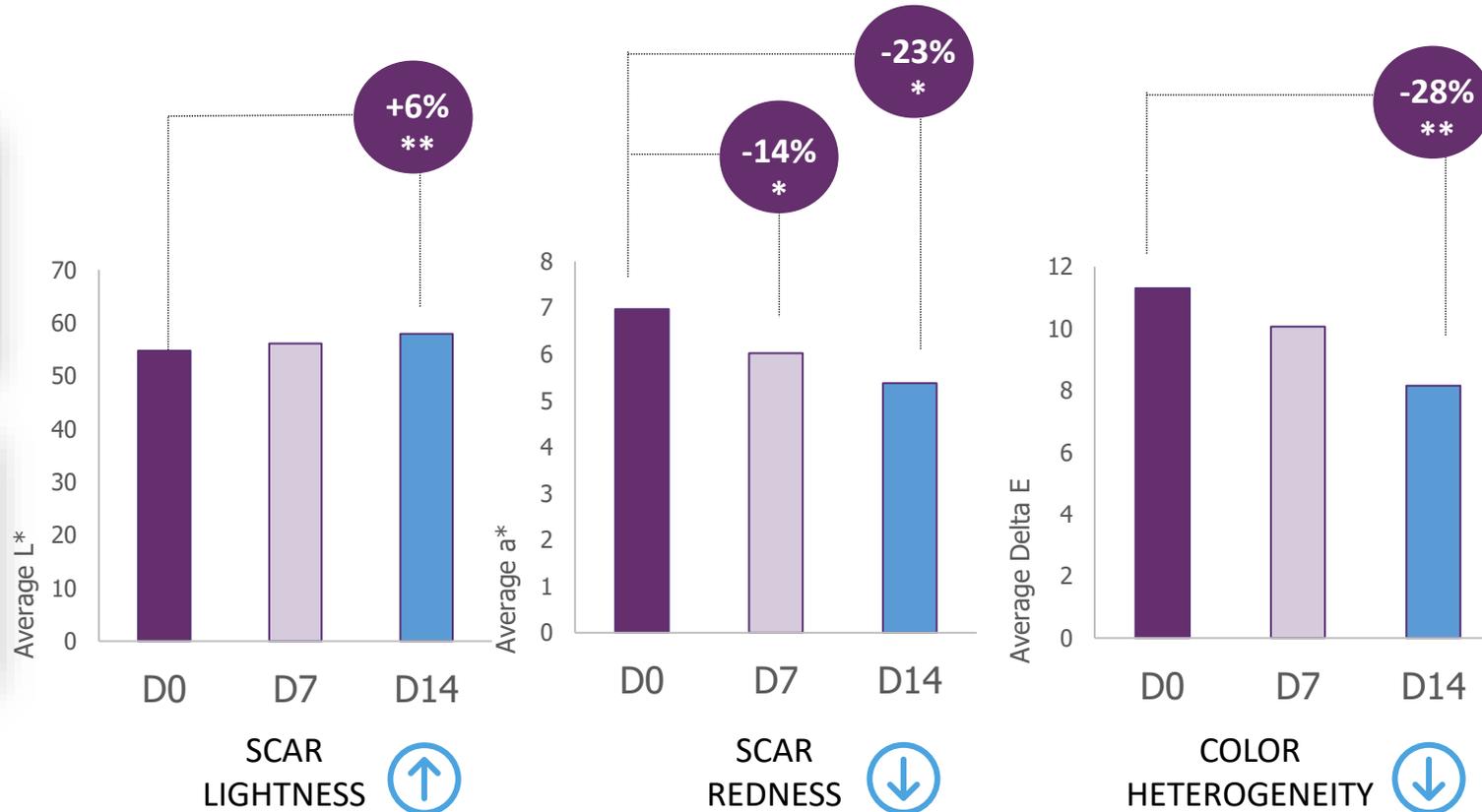


WOUND CARE

C-section scars only



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D0



D14



Dermatological and gynecological very well tolerated



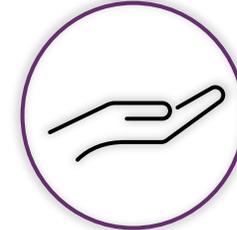
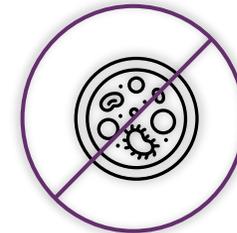
WOUND CLEANSING



Prof. Marco ROMANELLI,
Dermatologist, Italy

« Wound cleansing is **one of the most important steps in the management of wounded skin**. It limits bacterial colonization and helps to ensure that the healing process runs smoothly. The prescription of a suitable cleansing product is therefore essential. In addition to **protecting** against bacterial colonization, a specifically formulated product can act on skin regeneration. For example, a cleanser providing **moisturizing benefits** or helping to rebalance the cutaneous pH would ensure a better healing process.

However, this step is not always easy for patients. They may be afraid of touching their skin because it can be quite painful. **A product texture adapted to damaged skin, comfortable and yet easy to rinse, would limit their fear and consequently improve compliance.** »





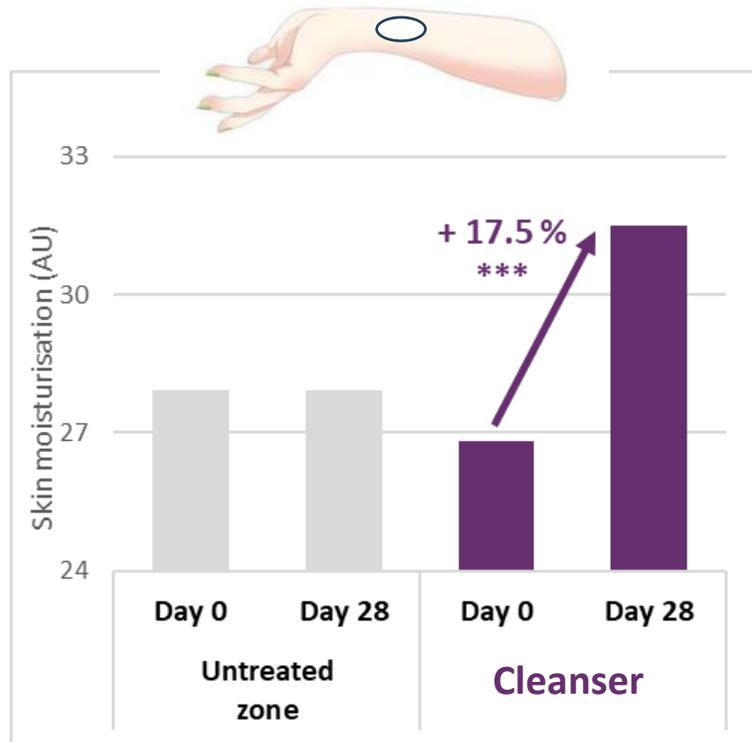
WOUND CLEANSING



Open intra-individual study | 9 subjects with dry skin on the forearms | Moisturizing effect after 28 days of using versus untreated zone



Real-life clinical study | 21 women in post-caesarean and post-episiotomy | mean aged 30 years | phototype III to VI | Once to twice daily application for 28 days



Dermatological and gynecological very well tolerated



Immediate efficacy:
100% purified and soothed skin



Long lasting efficacy:
100% rubbing reduced during cleansing
100% protected skin and comfort restored
95% enveloping and creamy texture

Take home message



Keep the memories, not the scars



Thank you for your attention



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